

DRA. BRENDA BUENO

Dr. Brenda Olivia Bueno Quiñones is a board-certified Orthopedic Surgeon with specialized expertise in spine surgery and minimally invasive techniques. She completed her Orthopedic Surgery residency at the UMAE Hospital de Traumatología y Ortopedia No. 21 in Monterrey, Mexico. She subsequently pursued advanced training in spine surgery at the National Institute of Traumatology and Orthopedics (INTO) – Jamil Haddad, in Rio de Janeiro, Brazil, one of the leading centers for spine care in Latin America.

Driven by a strong commitment to innovation, Dr. Bueno further specialized in minimally invasive spine surgery at Instituto da Coluna (INCOL) in Rio de Janeiro. She also completed a focused fellowship in Endoscopic Spine Surgery at Harrison Spine Center, Chungdam Hospital, in Seoul, South Korea—an international reference center for advanced endoscopic techniques.

She is recognized as the first female surgeon in Mexico to perform endoscopic spine surgery, marking a significant milestone in the field within the region.

Dr. Bueno is actively involved in academic and professional development, serving as a tutor and expert panelist in national and international spine meetings. She has contributed to scientific publications in spine surgery, with particular emphasis on minimally invasive and endoscopic approaches.

Her current work is centered on advancing endoscopic spine surgery in Latin America through structured education, mentorship, and the development of future leaders in the field.